

WHY AND HOW SHOULD I READ THE BIBLE ?



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Bible Reading Activity

This week's activity we are going to tie together the topics and content we have been learning about in both this week's and last week's sessions. Both Scripture and Prayer. To do this we will use the SOAP method. SOAP is a bible study method that provides a simple framework for engaging with Scripture in a deeper way. It utilizes 4 steps which match to the letters of the acronym S.O.A.P. These steps are: Scripture, Observation, Application, Prayer. These steps walk us through reading of scripture, reflecting on its meaning and how we can apply the truths and reflections we uncover in our own lives and then praying to God for his grace to help us.

✝ This weeks Scripture ✝

Start with a short prayer asking God to be with you and to guide this time. Then choose one of the scripture passages from this week's Green "Listen" section in the 'At Home with Gods people Book' (p27). These passages are listed below. Find one that resonates with you and then apply the SOAP Method below when reading it.

John 1:1-14 The word became flesh and lived among us

2 Timothy 3:14-4:5 The wisdom that leads to salvation

Hebrews 4:12-16 The Word of God is living and active

Isaiah 55:1-11 The word of God is food and drink that fully satisfies



S **Scripture:** Read the passage of Scripture slowly a number of times, take note and write down any parts of the passage that jump out or resonate with you or where you feel "peace".

O **Observation:** This step involves reflecting on the passage and identifying key themes, insights, or questions. Ask yourself questions like: What does this passage teach me about God? What does it teach me about myself? Are there any commands, warnings, or promises I can see in this scripture ?

A **Application:** Consider how the passage applies to your own life. How can you live out the truths you've learned? How might God be speaking to you through it. How might he be encouraging you or asking you to change or grow? This step encourages personalizing the scripture.

P **Prayer:** Finally take these reflections on both the scripture and also your own life to prayer. Ask God to help and assist you to apply these truths and observations in your own life. Ask for his wisdom to see opportunities to put them into practice and thank him for his help and guidance.