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19 West Terrace, Caloundra QLD 4551 • (07) 5438 5800 • www.calouindrarsl.com.au



Seminar: Respite and Residential Care

Speakers, displays or information from organisations including: Aged Care Quality and Safety Commission; Dept Health and Aged Care; Health Ombudsman; Respite Centres; Respite Centres, Nursing Homes (Residential Aged Care Facilities);

Aged and Disability Advocacy Aust; Suncoast Community Legal Services; McColm Matsinger Lawyers, Centrelink; Sage Care Advice; Garden Financial Planning; Relationships Aust (Qld); Palliative Care Qld Carers Gateway – Wellways; Carers Queensland

Lucky door prizes

A community grassroots voluntary service

For people diagnosed with dementia & related disorders, family carers & staff. Provides information, referrals, gatherings, education & awareness.

EVENTS

Dementia Information Day: Bi-monthly. 10 am.

Speakers. Free. Morning tea.

CWA Hall, 10 Short Street, Nambour

Catch-Up Cuppas: Bi-monthly. 10.15 am. Self-pay.

Caloundra RSL, 19 West Tce

Nambour RSL, 14 Mathew St

Coolum Surf Life Saving Club, 1775 David Low Way, Coolum Beach

Maleny, Tranquil Park, 483 Mountain View Road, Maleny

Family Carer Support Group: only for family carers

Monthly, 10 am. Free. Donation

50 Savilles Rd, Highworth, Nambour. (Near Nambour Hospital)

Wellness Group: Weekly, 10 am.

Ageless Grace, Body & Brain Exercises

\$10 for one. \$15 couple (includes morning tea) Laurel Springs

Village Clubhouse, 18 Doolan Street, Nambour

Sunshine Singers: Fortnightly, school terms, 10-11.30 am

Dementia Choir. For people with dementia. Carer must be in attendance. Morning tea. Donation. Anne Bowyer 0416 921 963 Anglican Church, 46 Upper Gay Tce, Kings Beach, Caloundra.

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www.scdementia.com.au

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